



## NEWS RELEASE

### **Greenstone Serves-up a Banquet of Health and Wellness**

*Developing a health-conscious lifestyle to commemorate the country's 50<sup>th</sup> Nutrition Month*



*A Filipino banquet: featuring the nutritious and best-tasting dishes from Greenstone's Lamesang Pinoy Cooking Showdown during the company's Nutrition Month celebration.*

**Tubod, Surigao del Norte / August 2024** – Greenstone Resources Corporation, a wholly-owned subsidiary of TVI Resource Development Philippines Inc. (TVIRD) and operator of the Siana Gold Project, recently held a whole-day culinary event to commemorate the National Nutrition Month at its mine site in Tubod Municipality of this province.

Now on its 50<sup>th</sup> year, the annual national celebration aims to encourage more Filipinos to follow a healthy lifestyle, choose nutritious food and engage in regular physical exercise.

#### **Event Highlights**

The Greenstone celebration featured various activities geared to educate participants on proper nutrition and healthy living like physical exercise – a focal point of the event – with Zumba sessions and fun runs that encouraged participants to find engaging ways to stay active.

"As a company, we recognize that healthy living and eating nutritious food are essential to the well-being of our employees and the overall strength of our organization," said Greenstone Assistant General Manager Joey Cameros.

Local home cooks and chefs at heart showed how to prepare nutritious and delicious meals using locally-sourced ingredients, highlighting the ease of achieving a healthy diet – and that Filipino cuisine can just be as palatable as gourmet cooking. The company also hosted a poster-making contest to showcase its employees' creative talents.

"We believe that we can significantly enhance the overall health, happiness and productivity of our colleagues. Proper nutrition and regular physical activity are essential not just for personal health; both are also vital to building a resilient team. Our commitment is to inspire and support healthier lifestyles, ensuring our employees are at their best both in and out of the workplace." Cameros added.

#### **Nutrition Month's Mandate**

Nutrition Month is an important annual campaign established through Presidential Decree 491, which was signed in 1974. Its primary goal is to raise awareness about the importance of proper nutrition and to enjoin citizens to participate in activities that promote healthy eating habits and lifestyle changes. The initiative aligns with the Philippine Plan of Action for Nutrition (PPAN) – a strategic framework developed by the Department of Health in order to address the country's nutritional challenges.

This year's theme, "*Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat* (Together in nutrition that is fit for all)," emphasizes the collective action toward achieving sufficient nutrition. It highlights the need for a unified approach wherein government agencies, private sector entities, non-government organizations and the community work together to ensure that nutritional needs are met across all demographics, especially among vulnerable populations.

Greenstone's participation in the Nutrition Month campaign aims to raise awareness about the importance of proper nutrition and healthy living, equips its employees with adequate knowledge and resources needed to make informed dietary choices and reduce the prevalence of overweight and obesity in the workforce, leading to better overall health.

As the company actively participates in national health initiatives, the celebration of National Nutrition Month serves as a reminder of the collective effort needed to ensure adequate nutrition for all in building a healthier future.

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**Press Photos**



**1** *Lamesang Pinoy Cooking Showdown. the Greenstone Materials Management and Process Plant Departments proudly present their delicious dishes.*



**2** *Greenstone employees and members of the Philippine Army Special Civilian Active Auxiliary (SCAA) participate in a Zumba dance session as a warm-up before the fun run.*



**3** *Dr. Nikka Laurente, MD of the company's Safety and Health Department judges the nutritional value of the dishes presented during the Lamesang Pinoy Cooking Showdown.*



- 4 *Greenstone's Environment and Fleet Management Departments prepare for the Nutrition Month cheering competition.*

### **About TVI in the Philippines**

*TVI Resource Development Philippines Inc. ("TVIRD"), is owned in part by TVI Pacific Inc. (TSX: TVI), a publicly-listed Canadian mining company focused on the exploration, development, and production of precious and base metals from district-scale, large-system, high-margin projects located in the Philippines. Concurrent ownership of ventures is shared with partner company, Prime Resource Holdings Inc.*

*The Agata Nickel Laterite Mine is the third successful mining project that TVIRD brought on stream in a period of 10 years while its Balabag Gold-Silver Mine further cements its position as a steady producer of precious metals in the country. With the commercial operations of its Siana Gold Mine, the company remains committed to exploration and mining practices that promote transparency, responsible stewardship of the environment, and the inalienable rights to life, dignity and sustainable development of its host communities.*

[www.tvird.com.ph](http://www.tvird.com.ph)

### **Contacts:**

#### **KAYCEE CRISOSTOMO**

Corporate Communications Director  
TVI Resource Development Philippines Inc.  
Email: [kaycee.crisostomo@tvird.com.ph](mailto:kaycee.crisostomo@tvird.com.ph)  
Phone: +63 2 8728-8491  
Mobile: +63 917 579-1528  
Fax: +63 2 8728-8515

#### **BRANDON LOPEZ**

Corporate Communications Officer  
Greenstone Resources Corporation  
Email: [Brandon.Lopez@greenstoneresources.com.ph](mailto:Brandon.Lopez@greenstoneresources.com.ph)  
Mobile: +63 946 068-4772